

# Early Years Compassionate Leadership Programme



**early years**  
the organisation for young children

**A Programme to support Practitioners and Committee Members within the Northern Health and Social Care Trust Area funded by The Northern Childcare Partnership**

This Programme will support resilience in leaders and help stabilise and maintain staff levels in the sector through the provision of

- On line Training sessions in supervision and appraisal, coaching, mentoring and self-care for leaders and managers
- Delivery of Introduction to Counselling course for Staff, Committee Members
- Training to support a compassionate leader approach for staff and committee members with line management responsibility in an attempt to take individuals teams and organisations to a higher level of performance and foster wellbeing within staff teams and organisations

**Introduction to Counselling 4 Week Course.**

Each week this bespoke programme will be delivered by trained facilitators from the Aisling Centre ([www.theaislingcentre.com](http://www.theaislingcentre.com)) using a combination of theory, interactive learning and a self-compassion/self-care talk or activity. Participants must register for all 4 sessions and will receive a certificate of completion at the end of the course. Each session will include a practical relaxation session and participants should wear comfortable clothing and have a blanket/shawl to wrap themselves in.

<b>Session 1</b>	27 <sup>th</sup> January 2021	Counselling Skills
<b>Session 2</b>	3 <sup>rd</sup> February 2021	Common Mental Health Presentations
<b>Session 3</b>	3 <sup>rd</sup> February 2021	Dealing with Crisis Situations
<b>Session 4</b>	3 <sup>rd</sup> February 2021	Working with Children & Impact of Covid-19

**Please click on the below link to register to attend the Introduction to Counselling Training**

**<https://www.eventbrite.co.uk/e/compassionate-leadership-programme-tickets-137285597919>**

If you have questions about the programme you can contact  
Debra Wilson [debraw@early-years.org](mailto:debraw@early-years.org)

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## Compassionate Leader Training

Dates	Topics
<b>Session 1</b> <b>24<sup>th</sup> Feb</b> <b>2-5pm</b>	<b>Supervision and Appraisal</b>
	Suitable for anyone who has line management responsibility. Please click on below link to register to attend this Session.
	<a href="https://www.eventbrite.co.uk/e/compassionate-leader-training-supervision-and-appraisal-tickets-137289166593">https://www.eventbrite.co.uk/e/compassionate-leader-training-supervision-and-appraisal-tickets-137289166593</a>
<b>Session 2</b> <b>3<sup>rd</sup> March</b> <b>2-5pm</b>	<b>Coaching and Mentoring</b>
	Vital skills for both staff and committee to get the best out of their team. Please click on below link to register to attend this Session
	<a href="https://www.eventbrite.co.uk/e/compassionate-leader-training-coaching-and-mentoring-tickets-137393795541">https://www.eventbrite.co.uk/e/compassionate-leader-training-coaching-and-mentoring-tickets-137393795541</a>
<b>Session 3</b> <b>10<sup>th</sup> March</b> <b>2-5pm</b>	<b>Self-Care for Leaders</b>
	The importance of self-care for leaders so that they in turn can support their team. Please click on below link to register to attend this Session.
	<a href="https://www.eventbrite.co.uk/e/compassionate-leader-training-self-care-for-leaders-tickets-137396335137">https://www.eventbrite.co.uk/e/compassionate-leader-training-self-care-for-leaders-tickets-137396335137</a>
<b>Session 4</b> <b>24<sup>th</sup> March</b> <b>2-5pm</b>	<b>Compassionate Leadership</b> (Employer to Employee)
	For committee members/owners/managers to gain skills in compassionate leadership valid during the covid 19 pandemic and beyond. Please click on below link to register to attend this Session.
	<a href="https://www.eventbrite.co.uk/e/compassionate-leadership-employer-to-employee-tickets-137396874751">https://www.eventbrite.co.uk/e/compassionate-leadership-employer-to-employee-tickets-137396874751</a>
<b>Session 5</b> <b>31<sup>st</sup> March</b> <b>2-5pm</b>	<b>Compassionate Leadership</b> (Leader to Staff Team)
	For leaders/managers to gain skills in compassionate leadership of their team valid during the covid 19 and beyond. Please click on below link to register to attend this Session.
	<a href="https://www.eventbrite.co.uk/e/compassionate-leadership-leader-to-staff-team-tickets-137397440443">https://www.eventbrite.co.uk/e/compassionate-leadership-leader-to-staff-team-tickets-137397440443</a>

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