



ParentingNI

Parenting through the Pandemic

The COVID-19 crisis has had a massive impact on families. Northern Ireland's leading parenting support charity, Parenting NI, has a range of one hour online sessions to help support the parents you work with.

Topics to choose from:

- Parenting in a Pandemic
- Managing Children's Challenging Behaviour
- Managing Transitions
- Supporting Children's Emotional Health
- Managing Stress
- Many more including: Digital Parenting, Work-Life Balance & Resolving Conflict.



For more information and to book contact: maria@parentingni.org



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