



# ParentingNI

## Supporting Families Through the Pandemic

The COVID-19 pandemic has had a huge impact on the delivery of Family Support Services and the families we work with. Northern Ireland's leading parenting support charity, Parenting NI, is offering online one hour training sessions to continue to support your staff's learning and development through the pandemic.

Topics to choose from:

- Engaging Effectively with Parents
- Motivating Parents
- Difficult Conversations
- Promoting and Practising Self Care
- Managing Stress



For more information and to book  
contact: [maria@parentingni.org](mailto:maria@parentingni.org)



[parentingni.org](http://parentingni.org)