



3+ Health Review



Dear Parent

All children in their preschool are being offered a health review by the health visitor who visits the school.

This is a significant time in your child's life. It is important that your child learns to be confident, trusting, curious and able to develop relationships and learn.

As part of the 3+ Health Review preschool/nursery settings will ask you to complete an Ages and Stages Questionnaire (ASQ). This will provide information on your child's social and emotional development. Your answers will show your child's strengths and any areas in which your child may need more help or practice. You and your child will also be invited to a meeting with the health visitor to discuss your child's development.

It's really important that your child enjoys learning and the more you know about your child's health and development the easier it is for you to help them.

If your child is already getting support from various health and education services we would still encourage them to be involved in the 3+ Health Review.

What parents need to do?

Complete the ages and stages questionnaire and return it to your preschool setting within the agreed timeframes

- Answer the questions based on what you know about your child's usual behaviour, not when they are sick, very tired or hungry.
- Answer all the questions
- Give examples of your child's behaviour if asked as it helps to understand your answers.

Your pre-school leader or nursery principal will provide information on how to book an appointment for the 3+ Review with the health visitor.

This will be held in the pre-school /nursery setting

Parents should bring the child's red book (PCHR).

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