

SUMMARY POINTS:

- **Workstream 1 is part of the Early Intervention Transformation Programme (EITP) Initiative**
- **Aims to give every child the best start in life**
- **Improve outcomes for children and young people**
- **Lay the foundations for effective parenting and learning for life**
- **Support and empower parents, families and communities**
- **Re-orientate towards early intervention**
- **Making best use of resources**
- **Improve physical emotional and mental health**
- **Collaborative working**

OVERVIEW OF EITP WORKSTREAMS

EITP was initiated with the coming together of six Government Departments and private Atlantic Philanthropy, as part of the Delivering Social Change initiative, to jointly fund a programme of early intervention

All Early Intervention programmes seek to:

- equip all parents with the skills needed to give their child the best start in life

- support families when problems first emerge, out-with the statutory system

- positively addressing the impact of adversity on children by intervening both earlier & more effectively to reduce the risk of poor outcomes later in life.



Getting Ready for baby— Midwives Jennifer McIlreavy and Anne Dent and MSW Natalie Hanna with the group of parents on the programme running on a Sat am in Larne

Policy Context

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The programme is informed by existing policy:

- ◆ Making Life Better (2013-2023)
- ◆ Healthy Child, Healthy Future (2010)
- ◆ Healthy Futures 2010-2015 (DHSSPS, 2010)
- ◆ Learning to Learn: A Framework for Early Years Education & Learning (DE 2013)
- ◆ A Strategy for Maternity Care in NI 2012-2018 (DHSSPS)
- ◆ Breastfeeding: A great start 2013-2023 (DHSSPS/UNICEF Baby Friendly Initiative)
- ◆ Bamford Action Plan (2012-2015)
- ◆ NICE Guidance

The Early Intervention Transformation Programme (EITP) is a Northern Ireland Executive/Atlantic Philanthropies Delivering Social Change Signature Programme, funded jointly by the Delivering Social Change fund, DoH, DE, DoJ, DfC, DfE and The Atlantic Philanthropies. EITP aims to improve outcomes for children and young people across Northern Ireland through embedding early intervention approaches."





“Good to think about Baby’s feelings during labour”

“Midwives make you feel at ease about thought of labour”

“Whole course has been fantastic—really useful”

GRANNY-“Wish these sessions had been available in my day!”



Midwife Denise Bryans talking on the Stages of Labour

AIMS OF WORKSTREAM 1

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| ⇒ GIVE INFANTS THE BEST START IN LIFE | COMBINED ANTENATAL CARE & GROUP EDUCATION | * Better engagement with fathers |
| ⇒ TRANSFORM ANTE-NATAL AND PARENT EDUCATION | * Targeted at first time mothers | * Highlights the importance of infant mental health |
| ⇒ SUPPORT SOCIAL AND EMOTIONAL DEVELOPMENT OF PRE-SCHOOL CHILDREN | * Uses the Solihull approach | * Opportunities for midwives and others |
| ⇒ IMPROVE THE HOME LEARNING ENVIRONMENT | * Provides social opportunities for expectant parents | |
| | * Combines health assessment and education | |



Health Visitor Alignment & 3+ Review

- ◆ **Named Health Visitor**
Aligned to every DE funded pre-school education setting across Northern Ireland
- ◆ **3+ Health Review** - child social and emotional health review for children in their pre-school year will take place in 20% of pre-school education settings across all Trust areas in the academic year 16-17.
- ◆ **Role of Health Visitor**
 - ◆ Public Health Advisor
 - ◆ Provide guidance on health specific issues eg vaccination
 - ◆ Liaise with Family Health Visitor regarding individual children with health needs
 - ◆ Keep pre-school updated on health protection/improvement issues or campaigns
- ◆ The HV will work in partnership with her colleagues in education to provide a public health service to support and promote healthy child development

PROGRESS TO DATE

Getting Ready For Baby—GRfB

- ◇ Commenced 14th September
- ◇ Covers Larne, Carrick, Whiteabbey, Glengormley, Antrim & Ballymena Localities
- ◇ 3WTE Midwives employed and 1 WTE MSW to support cascade of model
- ◇ Total of 92 primis recruited with delivery of first 16 week session to 68 women

Getting Ready For Toddler—GRfT

- ◇ Pilot of 10% of Pre-school children undertaken in Larne Summer Term 2016
- ◇ Pilot uplifted to 20% of pre-school children for school year Sept 2016-June 2017
- ◇ 35 Pre-Schools education settings under pilot with 3+ reviews for approximately 1200 pre-school children in DE funded places
- ◇ All pre-school education settings have a named Health Visitor in the NHSCT